**PE Rules and Expectations**

\*Students will follow directions

\*Students will be respectful, responsible, and courteous to teachers and fellow peers.

\*Students will be expected to participate daily.

\*Being active and showing effort in all activities is the key to being successful in PE; showing good sportsmanship

\*No horseplay, keep your hands and feet to yourself

\*Whistles:

1= stop and listen

2= sit down where you are and listen

3= Clean up equipment and come in; in case of emergency

\*Be on time for class, sitting in your designated spot. If not, you will receive a tardy

\*Come to school dressed for physical education wearing appropriate clothes that are in compliance with school dress code and appropriate to weather conditions. All students must have tennis shoes (no crocs, slides, boots, etc.). If you do not have the correct shoes, you may not participate in PE. 7th and 8th grade will have the opportunity to dress out, clothes must be in school dress code.

\*7th and 8th graders may use the bathroom at the beginning or end of class in the locker room. 6th graders may use the bathroom after breakfast, before we start PE. If there is an emergency during class, ask YOUR teacher for permission. Ask permission to get water in the lobby during activities.

\*No Gum, candy, food, or anything else in your mouth during PE. You may bring water bottles with water only. No water bottles on gym floor

\*No student may ever leave class, gym, or PE area without permission from the teacher.

\*Medical Excuses must be documented by a physician's note or a parent note is good for up to 3 days

\*Let your PE teacher know if you are hurt immediately during PE. Any injuries or emergencies must be reported to the teacher during the class period so proper action can be taken. Also, if you have a problem with someone, let YOUR teacher know. What happens in PE, stays in PE. Don’t take it back to your classroom teacher.

\*Grading for 7th and 8th Grade: Participation (Daily Work)-60%; Assessment 40%.  Each day consists of 10 points a day as your daily work. You will not be penalized if you are absent.

\*Cell phones should be in backpacks, on silent. Backpacks will be secured in the locker room. Each cell phone violation is an office referral.

**Consequences**

Warning- Student will be verbally corrected during class

Student Conference- I will speak to the student privately about the behavior

Parent Communication- I will email, text, or call parent

Parent Conference- I will request a meeting in person or on the phone to discuss student behavior

Office Referral- Student will be referred to admin

\*\*Any severe disruptions or fights will result in an immediate office referral

I have read and understand the PE Expectations, Rules, and Procedures

Student Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PE Teacher\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you have any problems or concerns. Please email me at Watson.somer@lee.k12.al.us or call the school at (334)705-6040 to leave a message